**Emergency Shelters Recommended Trainings for Mental Health and Substance Use Support**

**Compiled – March 2022**

**Free Trainings**

1. Mental Health First Aid
   1. In-person or Zoom via Summit Pointe
   2. Contact Meghan Taft ([MTaft@summitpointe.org](mailto:MTaft@summitpointe.org))
2. Question-Persuade-Respond QPR Suicide Prevention Training
   1. In-person or Zoom via Summit Pointe
   2. Contact Scott Teichmer ([STeichmer@summitpointe.org](mailto:STeichmer@summitpointe.org))
3. Active Engagement and De-escalation
   1. March 28, 2022, online webinar
      1. <https://mihomeless.org/index.php/2022/02/22/march-28-training/>
   2. Self-paced, webinar through Right Response
      1. “De-escalate Anyone, Anywhere, Anytime” (focus is schools, but applicable across situations)
      2. <https://youtu.be/hrqfxEkE1n0>
4. Critical Role of Emergency Shelter
   1. Self-paced, webinar through National Alliance to End Homelessness
   2. Video - <https://youtu.be/cjPMdBWTxnk>
   3. Slides - <https://endhomelessness.org/wp-content/uploads/2017/04/Emergency-Shelter-Role-of-Shelter_Webpage.pdf>
5. Motivational Interviewing Introduction
   1. Self-paced, online podcasts through CSH
   2. [Changing the Conversation (libsyn.com)](https://thinkt3.libsyn.com/category/Motivational+Interviewing+Series)
      1. Introduction - <https://thinkt3.libsyn.com/motivational-interviewing-1>
      2. Strengths to Support Behavior Change – [Changing the Conversation: Motivational Interviewing 2: Susan Butterworth and Ali Hall (libsyn.com)](https://thinkt3.libsyn.com/motivational-interviewing-2-susan-butterworth-ali-hall)
      3. Homelessness - [Changing the Conversation: Motivational Interviewing 10: Mayté Antelo-Ovando (libsyn.com)](https://thinkt3.libsyn.com/mayte-antelo-ovando-and-ali-hall)
6. Children Experiencing Homelessness – Adverse Childhood Experiences
   1. Self-paced, online podcast through CSH
   2. [Changing the Conversation: There's a Lot We Can Do: Improving Lives of Children Experiencing Homelessness (libsyn.com)](https://thinkt3.libsyn.com/theres-a-lot-we-can-do-improving-lives-of-children-experiencing-homelessness)
   3. ACES Fact Sheet - [Microsoft Word - ACEs Fact Sheet Final Update.docx (nhchc.org)](https://nhchc.org/wp-content/uploads/2019/08/aces-fact-sheet.pdf)
   4. ACES Quiz - [ACEs Quiz (adversechildhoodexperiences.net)](http://adversechildhoodexperiences.net/)
7. Trauma and Addiction
   1. Self-paced, online webinars (2) through Homeless Learning Hub
   2. <https://homelessnesslearninghub.ca/library/resources/trauma-and-addiction-teachings-trauma-and-homelessness-conference/>
8. Harm Reduction
   1. Self-paced, online training courses through Homeless Learning Hub
   2. <https://homelessnesslearninghub.ca/trainings/harm-reduction-for-the-homelessness-sector/#learndash-course-content>
9. Racial Equity
   1. Self-paced, online podcast through CSH
   2. <https://thinkt3.libsyn.com/category/Race+Equity+and+Homelessness>+
10. Promoting Safety in Street Outreach
    1. Self-paced, online video through NHCHC
    2. <https://nhchc.org/webinars/promoting-safety-in-street-outreach/>

**Paid Training**

1. Crisis Intervention through Active Engagement & De-escalation
   1. Self-paced, online through CSH
   2. <https://cshtrainingcenter.thinkific.com/courses/crisis-intervention-de-escalation-4-19-22>
   3. $60/person – bulk purchase and discounts available for small non-profits
2. Racial Equity Learning Series
   1. Self-paced, webinars through Center for Learning
   2. <https://naeh.catalog.instructure.com/programs/racialequitylearningseries>
3. Homeless Training Institute (<https://www.homelesstraining.com/catalog>)
   1. Core Training - 3.5 Hour Foundational Course
   2. Various Crisis Situations – 1 hour each
   3. Various Specific Situations & Populations – 1 hour each
   4. Costs based on number of participants, access to all training modules (for example, 13-25 staff is $899)